

Clarity Way Staff Information:

Administrative:

Justin Daniels, CADC, CCAC (President/CEO, Founder) – Justin began his career owning and operating a disaster restoration business. His ServiceMaster franchises were located in Pennsylvania, Maryland and Florida. His companies aided in the restoration at the Pentagon after 9/11 and the hurricanes in Georgia, Louisiana, Texas and Florida. After facing his own struggles with addiction, Justin made the decision to create a facility that offered a fresh perspective to addiction treatment. Clarity Way, Inc. was formed by Justin and his wife, Robin, as the answer to their own search for a quality rehabilitation facility. Justin is a Certified Alcohol and Drug Counselor and a Certified Chemical Addictions Counselor.

Robin Daniels, CADC, CCAC (Facility Director, Founder) – Robin began her career in education, as the owner and operator of Robin's Nest Daycare and Preschool, established in 1990. Her education background focused on a multi-disciplinary and multi-sensory approach to learning which she has incorporated in the Clarity Way, Inc. curriculum. Robin's position as Facility Director is to oversee the programming to provide excellence in all aspects of care. Robin has an AS in Business, a BS in Psychology and a Pennsylvania State Teaching Certification. She is also a Certified Alcohol and Drug Counselor and Certified Chemical Addictions Counselor.

Michele McCleary (Director of Operations) – Michele's background includes work in education, public relations, customer service and operations. She has a BA in Strategic and Organizational Communications and has been with Clarity Way, Inc. since its inception. Michele was instrumental in the opening of Clarity Way, Inc., collaborating on all of the planning and marketing for the facility. Her role as Director of Operations allows her to focus on the day to day running of the facility, and addressing client and staff needs.

Medical:

Robert Matylewicz, DO, ASAM (Facility Physician) - Dr. Matylewicz is an ASAM certified physician (American Society of Addiction Medicine). He began his medical career as a physician in the United States Army. After retiring from the army, he started a family medical practice and began providing his services to the recovery community. Dr. Matylewicz is a member of a national pharmaceutical speaking board and has traveled throughout the country to participate in conferences and engagements.

Bruce Hershfield, MD (Psychiatrist) - Dr. Hershfield is the staff psychiatrist at Clarity Way, Inc. and began practicing in 1974. Well respected in the psychiatric community, Dr. Hershfield also lends his services to other renowned facilities, such as Johns Hopkins as an Associate Professor. A former President of the Maryland Psychiatric Society (MPS), he was selected as the MPS 2003 Lifetime of Service Award Recipient for his extraordinary contributions to the welfare of his patients and profession.

Clinical:

Chad Shaeffer, BA, CADC (Counselor) – Chad is a Certified Alcohol and Drug

Counselor, with a BA in Psychology, a BA in Philosophy and a Ministerial Diploma. Chad is a trained Cognitive Behavioral Therapist (CBT). At Clarity Way, Inc. Chad is a Drug and Alcohol Counselor, Family Counselor and Spiritual Counselor. The Clarity Way philosophy is not to persuade clients to embrace any particular religious or spiritual tradition but to help clients cultivate their own personal sense of spirituality and strengthen the use of such in their lives. Clients are educated on various schools of thought from the Western, Eastern and Contemporary modalities so that they can make informed, educated decisions as to what works for them. Chad has also participated in speaking engagements throughout the state of Pennsylvania on Cognitive Behavioral Therapy and Spirituality.

Jennifer Cavanaugh, M.A. (Counselor) – Jen has her BA and MA in Art Therapy and works to blend holistic and clinical modalities for the best possible approach with each client. She has extensive experience working with trauma, drug and alcohol and mental health issues. Jen functions as an Art Therapist, Family Therapist and Drug and Alcohol Counselor at Clarity Way, Inc. Her approach to the therapeutic process utilizes Art Therapy, through which clients use art materials to explore emotions, issues and stressors to create a visual representation of their therapeutic process. Clients create tangible proof of what their addictions look like so as to better address the underlying issues. We encourage clients and families to be open to exploring an emotional connection via art therapy to recognize a profound understanding of their situations. Jen has participated in speaking engagements throughout Pennsylvania focusing on Art Therapy, Mental Health and Crisis Intervention.

Nick Rowe, MA, MT-BC (Counselor) - Nick has been a Board Certified Music Therapist since 2002 and has his MA in Family and Marriage Counseling. His training addressed the areas of music theory, composition and music technology and he is fluent on the trumpet, guitar, piano and drums. Nick is a Family Therapist, Drug and Alcohol Counselor and Music Therapist. He utilizes Music Therapy as a means of therapeutic catalyst to address drug and alcohol issues to effect change. Music Therapy is a beneficial process regardless of a client's musical ability. The specific tools utilized in music therapy sessions aid clients in promoting wellness, managing stress, alleviating pain, expressing feelings, enhancing memory, improving communication and promoting physical rehabilitation.

Heather Griffin, CRS (Aftercare Coordinator) - Heather is our Aftercare and Life Skills Coordinator and has been working in the addiction field since 2005. She is a Certified Recovery Specialist (CRS) and has experience managing recovery houses and sober houses. Her position at Clarity Way, Inc. entails developing extensive Aftercare Plans for each client. Heather is also responsible for providing relapse prevention education to clients and their families. Clarity Way, Inc. feels that quality Aftercare Plans are essential to successful recovery.

Ancillary:

Randy Jefferson, CRS (Head Technician) – Randy is a Certified Recovery Specialist and has been working in the recovery community since 2004. He is active in speaking engagements throughout the East Coast. At Clarity Way, Inc. Randy lends support to clients on a daily basis and leads holistic,

educational and optional 12-step groups. Randy oversees and leads the Technician Team.

Sherry Dietz (Massage Therapist) – Sherry is a Professional Practitioner certified by the Associated Bodywork and Massage Professionals. She has been practicing a variety of massage techniques since 2007 including, but not limited to: Swedish, Hot Stone, Deep Tissue, Lymphatic Training, Orthopedic Massage, Aromatherapy and Prenatal Massage. Clarity Way, Inc. utilizes massage therapy to relax the mind, body and spirit to aid in pain management and detoxification.

Debbie Schon, (Personal Trainer) – Debbie is a Personal Trainer and Aerobics Instructor certified by the American Aerobic Association International and International Sports Medicine Association. She has training in and teaches aerobics, cycling classes, bodyworks, pilates, water aerobics and a Silver Sneakers program. Debbie has been working as a Personal Trainer since 2000. At Clarity Way, Inc. she focuses on collaborating with clients to create a fitness plan that allows them to achieve a healthy self by lowering anxiety levels and stress and by increasing energy levels, as well as providing physical benefits.